



blair vaughn

Coaching Agreement

Please review and sign where indicated (an electronic signature is acceptable)

Fee: \$150 / 50 minute coaching session. Payment due at time of service is required. Sessions: Coaching sessions will be scheduled at a mutually agreed upon time. 24 hour cancellation notice is required. Full fee will be charged for all late cancellations and no shows.

Scope and Limits on Coaching Relationship: As your client, I agree to the following:

1. I am fully responsible for my physical, mental and emotional well-being throughout the coaching relationship and thereafter, including my choices and decisions. I am aware that I can choose to discontinue coaching at any time.
2. The relationship I have with you as my coach is designed to facilitate the creation/development of personal and professional goals and to develop and carry out a strategy/plan for achieving those goals.
3. Coaching is a comprehensive process that may involve discussion of and decisions concerning all areas of my life, including work, finances, health, relationships, education and recreation. I acknowledge that deciding how to handle and incorporate coaching into those areas, and implement my choices, and all related decisions and actions, are exclusively my responsibility.
4. Coaching does not involve the diagnosis or treatment of any mental or physical disorders. I understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and I will not use it in place of any form of diagnosis, treatment or therapy. I will seek independent professional guidance for legal, medical, financial, business, spiritual or other matters.
5. If I am currently in therapy or otherwise under the care of a mental health professional, I have consulted with the mental health care provider regarding the advisability of working with a coach and this person is aware of my decision to proceed with the coaching relationship.
6. Any information which you receive as my coach will be held as confidential, unless I state otherwise, in writing, and except as you may be required by law to disclose. Please be advised that text, email, zoom, skype, phone, facetime, social media, and other forms of online communication and video conferencing are not HIPAA compliant. Please be aware of the risks of using online communication and limit any personal information that you share over the internet.
7. You as my coach may share information regarding me anonymously and/or hypothetically with other coaching professionals for training or consultation purposes.
8. You as my coach do not guarantee any results from your coaching advice, and are not liable for any coaching advice, counsel or suggestions that you make, or fail to make, during or relative to our coaching relationship.

I have read and agree to the above.

Client Name (Printed): _____ **Date:** _____

Client Signature: _____ **Date:** _____

Blair Vaughn, Freedom Coach

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