

Yoga Workshop

WITH BLAIR VAUGHN



SUNDAY, MARCH 16TH

3PM - 5PM

ART DEPOT

STEAMBOAT SPRINGS



ALL DONATIONS SUPPORT BLAIR
IN HER EFFORTS TO FUND THE
CAMBODIAN CHILDRENS FUND

Suggested Donation, \$20

Blair's yoga practice began over seven years ago. She is a certified Jivamukti teacher, studied and assisted Seane Corn, and she completed Baptiste power yoga teacher training boot camp with Baron Baptiste. Her classes flow with prana, music, love, organic energy, and a southern draw. It is her passion to help people relax, have fun, smile and open their heart.

Her core value is Service and Love. Blair is currently involved in Seva Challenge by Off The Mat Into The World. It is a challenge where Blair is raising at least \$20,000 to fund the Cambodia Children's Fund.

Find your purpose. Live it Now. Celebrate!

SEVA CHALLENGE SPONSORING
BLAIR VAUGHN

www.offthematintotheworld.org

or mail checks to:

Off the Mat, Into the World

P.O. Box 748 • Venice, CA 90294

Checks payable to Engage Network which is a 501(c)(3) all donations are tax deductible.

Please write BLAIR VAUGHN in the memo of the check to support her.

Thank you for all the help and support please contact Blair@yogiblossoms@yahoo.com

for more information or visit

www.blairvaughn.com